



# TENDER HEARTS SENIOR CARE

## CAREGIVER JOB DESCRIPTION

### COMPANION

- Provide conversation and companionship
- Assist with walking and home physical therapy
- Prepare current and future meals, monitor diet and eating
- Medication reminders
- Assist with bathing, grooming and dressing
- Assist with toileting

### HOME HELPER

- Light housekeeping
- Laundry and linen washing
- Accompany to doctor appointments
- Running errands for clients
- Assist with paying bills
- Prepare grocery list and do shopping

### OVERNIGHTS

- All services of companion position
- Assist with evening routine
- Assist as needed throughout the night

### ADDITIONAL RESPONSIBILITIES

- Assist with other related duties as requested or asked by clients
- Call office with any changes to client's health, needs, and/or living conditions
- Communicate with clients in a respectful manner
- Treat client and client's property with respect
- Capability to drive or take public transportation to clients home
- Capability to lift a maximum of 25 pounds
- Report hours worked to 459-0792

The above Caregiver descriptions define the basic duties involved with each position. These lists do not cover all responsibilities and duties involved with each position. Tender Hearts Senior Care reserves the right to change these descriptions in the future as needed.

I have read and understand the duties of the Companion position, Home Helper position, Overnight position and Additional Responsibilities.

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Employee Signature

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Date

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Supervisor

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Date